

Promoting health and hygiene Personal Care

Policy statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We make necessary adjustments to our bathroom provision and hygiene practice in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

EYFS key themes and commitments

| A Unique Child | Positive Relationships | Enabling Environments | Learning and Development |
|---|---|----------------------------|--------------------------|
| 1.2 Inclusive practice 1.4 Health and well-being | 2.2 Parents as partners 2.4 Key person | 3.2 Supporting every child | |

Procedures

Young children from two years should wear 'pull ups' or other types of trainer pants as soon as they are comfortable with this and their parents agree.

Key persons undertake changing young children in their key groups; back up key persons change them if the key person is absent.

Gloves are put on before changing starts.

In addition, key persons ensure that nappy changing is relaxed and a time to promote independence in young children.

Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.

They should be encouraged to wash their hands and have soap and towels to hand.

Key persons are gentle when changing; they avoid pulling faces and making negative comment about 'their contents'.

Key persons do not make inappropriate comments about young children's genitals when changing their nappies

Older children access the toilet when they have the need to and are encouraged to be independent.

Pull -up's are disposed of hygienically. Any soil (faeces) in pull ups are flushed down the toilet and the nappy or pull up is bagged and put in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are bagged for the parent to take home, unless directed by the parent otherwise..